

令和8(2026)年度

山形県立寒河江工業高校 ハンドボール部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)数値を記入。大会等で1日活動の場合は原則「8」を記入。「休養日」に「1」を記入。「目標とする大会」には目標大会欄に「◎」を記入。「部活動行事」に計画や場所を記

顧問氏名 水戸部英和 大島光太郎

Main activity calendar table for April to September, including columns for date, day, time, and activity details.

Summary table for April to September, showing planned vs actual rest days and activity hours.

Activity calendar table for October, including columns for date, day, time, and activity details.

Summary table for October, showing planned vs actual rest days and activity hours.

Activity calendar table for November, including columns for date, day, time, and activity details.

Summary table for November, showing planned vs actual rest days and activity hours.

Activity calendar table for December, including columns for date, day, time, and activity details.

Summary table for December, showing planned vs actual rest days and activity hours.

Activity calendar table for January, including columns for date, day, time, and activity details.

Summary table for January, showing planned vs actual rest days and activity hours.

Activity calendar table for February, including columns for date, day, time, and activity details.

Summary table for February, showing planned vs actual rest days and activity hours.

Activity calendar table for March, including columns for date, day, time, and activity details.

Summary table for March, showing planned vs actual rest days and activity hours.

Summary table for the entire year, showing total planned vs actual rest days and activity hours.