

令和6(2024)年度

山形県立寒河江工業高校 ハンドボール部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)数値を記入。大会等で1日活動の場合は原則「8」を入力。「休養日」に「1」を入力。「目標とする大会」には目標大会欄に「◎」を入力。「部活動行事」に計画や場所を

顧問氏名 後藤洋人、早坂大和、水戸部英和

Main activity schedule table for April to September, including columns for date, day, time, and activity details.

Summary table for April to September, showing average activity times and rest days for both planned and actual periods.

Main activity schedule table for October to March, including columns for date, day, time, and activity details.

Summary table for October to March, showing average activity times and rest days for both planned and actual periods.

Summary table for the entire year, showing total planned and actual rest days and average activity times.