

令和6(2024)年度

山形県立寒河江工業高校 バレーボール部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)数値を記入。大会等で1日活動の場合は原則「8」を入力。「休養日」に「1」を入力。「目標とする大会」には目標大会欄に「◎」を入力。「部活動行事」に計画や場所を

顧問氏名 信夫 悠平

Main activity schedule table with columns for month, day, planned activity, actual activity, and target. Includes dates from April to September.

Summary table for each month showing average activity times for weekdays and weekends, and overall averages.

Main activity schedule table for October to March, continuing the monthly breakdown of activities and results.

Summary table for each month from October to March, showing average activity times and overall totals.

Summary statistics table on the right side, including '平日休養日' (113), '休日休養日' (81), '平日活動時間平均' (67), '休日活動時間平均' (44), and '休養日合計' (180).