

令和6(2024)年度

山形県立寒河江工業高校 バレーボール部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)数値を記入。大会等で1日活動の場合は原則「8」を入力。「休養日」に「1」を入力。「目標とする大会」には目標大会欄に「◎」を入力。「部活動行事」に計画や場所を記

顧問氏名 滝口 和典

Main activity calendar table with columns for months 4 through 9, including planned and actual activity times and days off.

Summary table for months 4-9, showing average activity times and days off for both planned and actual data.

Main activity calendar table for months 10 through 3, including planned and actual activity times and days off.

Summary table for months 10-3, showing average activity times and days off for both planned and actual data.

Summary box on the right side containing total days off (98 planned, 25 actual) and total rest days (66 planned, 20 actual), with a final total of 164 planned and 45 actual rest days.