

令和5(2023)年度

山形県立寒河江工業高校 陸上競技部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)数値を記入。大会等で1日活動の場合は原則「8」を入力。「休業日」に「1」を入力。「目標とする大会」には目標大会欄に「◎」を入力。「部活動行事」に計画や場所を記

顧問氏名 市川広樹 五十嵐貴紀 若月智里

Main activity schedule table for April to September, including columns for date, day, time, and activity details.

Summary table for April to September, showing planned vs actual days off and average activity times.

Main activity schedule table for October to March, including columns for date, day, time, and activity details.

Summary table for October to March, showing planned vs actual days off and average activity times.

Summary table for the entire year, showing total planned vs actual days off and average activity times.