

令和4(2022)年度

山形県立寒河江工業高校 ソフトテニス部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)数値を記入。大会等で1日活動の場合は原則「8」を入力。「休養日」に「1」を入力。「目標とする大会」には目標大会欄に「◎」を入力。「部活動行事」に計画や場所を記

顧問氏名 齋藤昌広

Main activity schedule table for April to September, including columns for date, day, planned time, actual time, and target events.

Summary table for April to September, showing average activity times and rest days for each month.

Main activity schedule table for October to March, including columns for date, day, planned time, actual time, and target events.

Summary table for October to March, showing average activity times and rest days for each month.

Summary statistics table on the right side, including total rest days and average activity times.